

30 WAYS IN 30 DAYS TO TAKE ACTION AGAINST HUNGER

HUNGER ACTION MONTH

SEPTEMBER 2026



Scan here to donate and help us achieve a \$10,000 match!

Thanks to the generosity of **Poppy and Rob Clements** for our \$10,000 match!

- 1**
 Hang this calendar in your home or office to help spread awareness.
- 2**
 Follow us on social media to learn more about how you can end hunger in your community.
- 3**
 Donate to help us reach our \$10,000 match goal.
- 4**
National Food Bank Day
Hunger Fact Friday Did you know we serve 12 counties in Northeast Florida?
- 5**
 Talk about food insecurity with your friends and family.
- 6**
 Minimize waste by cooking a delicious meal with scraps or leftovers.
- 7**
Labor Day Host a BBQ and invite guests to bring a donation for Feeding Northeast Florida.
- 8**
 Visit FNEFL.org to get a first-hand look at how we work.
- 9**
 Schedule a tour at Feeding Northeast Florida by calling (904) 513-1333.
- 10**
 Thank your local grocery store manager for donating food to the food bank.
- 11**
National Day of Service
 Schedule a volunteer shift at one of our food distributions.
- 12**
 Set an extra place at the table for the more than 306,000 people in our region who don't know where their next meal is coming from.
- 13**
Grandparents Day
 Make a donation in their honor to support senior feeding programs.
- 14**
 Visit FNEFL.org to look for upcoming events to support the food bank.
- 15**
 Encourage your book club or community group to donate or volunteer at FNEFL.
- 16**
 Host a virtual food drive.
- 17**
 Donate the money you would spend on morning coffee to the food bank.
- 18**
Hunger Fact Friday FNEFL distributed more than 38 million pounds of food last year.
- 19**
 Sign up for a Harvest Helpings event to pack meals for families ahead of Thanksgiving.
- 20**
Social Media Sunday Tag us in a photo to show how you are taking action this month.
- 21**
 As you head to the grocery store, consider picking up extra items to donate.
- 22**
 Check out our new merch on FNEFL.org. You can order online for pick-up or shipping.
- 23**
 Encourage co-workers to pack their lunch and donate the money saved to help feed kids during the school year.
- 24**
 Schedule a volunteer shift with a friend.
- 25**
Hunger Fact Friday FNEFL partners with more than 340 hunger-fighting agencies to reach more neighbors.
- 26**
SNAP Challenge
 Try to spend no more than \$6.20 per person on food for the entire day.
- 27**
 Plant your own at home garden.
- 28**
Hunger Action Day is tomorrow!
 Impact will be MATCHED if we reach \$10,000.
- 29**
Hunger Action Day Wear ORANGE and tag us in a photo on social media.
- 30**
 Visit FNEFL.org to learn how you can fight hunger year-round.